

Laurie A. Casas, MD, FACS

The University of Chicago
Department of Surgery
Section of Plastic and Reconstructive Surgery
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ACADEMIC APPOINTMENTS

1987-1988 Clinical Instructor of Surgery, Northwestern University Medical School, Chicago IL
1990-2001 Assistant Professor of Surgery, Northwestern University Medical School, Chicago IL
2001-2009 Associate Professor of Surgery, Northwestern University Medical School, Chicago IL
2009-2013 Clinical Associate Professor of Surgery, University of Chicago Medical Center Pritzker School of Medicine, Section of Plastic Surgery, Chicago IL
2013-2016 Senior Clinician Educator, University of Chicago Medical Center Pritzker School of Medicine, Section of Plastic & Reconstructive Surgery Chicago IL
2017-present Clinical Professor of Surgery, Section of Plastic & Reconstructive Surgery, University of Chicago Medicine Chicago IL

ACADEMIC TRAINING

1974-1978 B.S./B.A., Biology, University of Illinois Champaign/Urbana, IL
1978-1982 M.D., Northwestern University Medical School Chicago, IL
1982-1985 Residency, General Surgery, Northwestern University Medical Center Chicago, IL
1985-1988 Clinical Fellow, Plastic and Reconstructive Surgery, Northwestern University Medical Center
1988-1989 Clinical Fellow Microsurgery and Research Fellow, Southern Illinois University Springfield, IL
1989 Clinical Aesthetic Plastic Surgery Fellow, New York University/Manhattan Eye, Ear and Throat (MEETH) New York City, New York
1989 Clinical Breast Reconstruction Fellow St. Joseph Hospital – Emory University Atlanta, Georgia

BOARD CERTIFICATION AND LICENSURE

1992 American Board of Plastic Surgery, American Board of Medical Specialty Board Certification
1995 Fellow, American College of Surgeons
2007 Collaborative Institutional Training Initiative Certification for Biomedical Research (CITI)

- 2009 Collaborative Institutional Training Initiative Certification for Biomedical Research (CITI)
- 2011 Collaborative Institutional Training Initiative Certification for Biomedical Research (CITI)

SCHOLARSHIP

(a) Peer-reviewed publications in the primary literature, exclusive of abstracts:

1. **Casas LA**, LoCicero JL, Sanders JH, Michaelis LL: Complete Coronary Revascularization: The treatment of choice in young patients with multi-vessel coronary disease. *Texas Heart Institute Journal*, 12: 349-352, 1985.
2. **Casas LA**, Gonzales-Crussi F, Pensler J: Monomorphic adenoma of the parotidina premature neonate. *Annals of Plastic Surgery*, 22: 47-49, 1989.
3. Bailey MH, Smith JW, **Casas LA**, et al: Immediate Breast Reconstruction: Reducing the risks. *Plastic and Reconstructive Surgery*, 83: 845-851, 1989.
4. **Casas LA**, and Lewis VL: A reliable approach to the closure of large acquired midline defects of the back. *Plastic and Reconstructive Surgery*, 84: 632-641, 1989.
5. Zamboni WA, Roth AC, Russell RC, Nemiroff PM, **Casas LA**, Smoot EC: The effect of acute hyperbaric oxygen therapy on axial pattern skin flap survival when administered during and after ischemia. *Journal of Reconstructive Microsurgery*, 5:343-347, 1989.
6. Wey P, **Casas LA**, Lewis VL: Buried inferiorly based gluteus maximus myocutaneous flap for reconstruction of a large recurrent ischiopubic pressure sore. *Annals of Plastic Surgery*, 24:283, 1990.
7. Gallegos, ML and **Casas, LA** "A Systematic One Stage Approach in the Treatment of Tuberos Breast Deformity." *Aesthetic Surgery Journal*, 18: 431- 438, Nov/Dec 1998.
8. Few J, Marcus J, **Casas, LA**, Aitken M and Redding J "Long Term Predictable Nipple Projection Following Reconstruction.", *Plastic and Reconstructive Surgery Journal*, 104: 1321-1324, October 1999.
9. Hidalgo, David, M.D., Elliot, L. Franklyn, M.D., Palumbo, S., **Casas, LA.**, and Hammond, D. "Current Trends in Breast Reduction.", *Plastic and Reconstructive Surgery Journal*, 104: 806-818, September 1999.
10. **Casas, LA**, DePoli, PA, and Byun, M., "Maximizing Breast Projection Following Free Nipple Graft Reduction Mammoplasty", *Plastic and Reconstructive Surgery Journal*, April 2000.
11. Hasen, K., Greve, S. **Casas, LA.**, "Prospective Study Analyzing the Differences in Wound Healing When UAL versus SAL Was Used As an Adjunct in Standard Incision Breast Reduction Surgery. *Aesthetic Surgery Journal*, January/February 2001.
12. **Casas, LA.**, "After Ambulatory Aesthetic Surgery", *Aesthetic Surgery Journal*, 22: 493-494,
13. Chao, JD., Memmel, HC., **Casas, LA.**, Redding J., Egan L., Odom, L., "Reduction Mammoplasty Is a Functional Operation, Improving Quality of Life in Symptomatic Women: A Prospective, Single-Center Breast Reduction Outcome Study", *Plastic & Reconstructive Surgery Journal*, Vol. 110, No. 7, 1644-1652, December 2002.
14. Lee, M., **Casas, LA.**, DePoli, P., "Aesthetic and Predictable Correction of the Inverted Nipple", *Aesthetic Surgery Journal*, Vol. 23, No. 5, 353-356, September/October 2003.
15. Hasen, K., Samartzis, D., **Casas, LA.**, Mustoe, T., "An Outcome Study Comparing Intravenous Sedation with Midazolam/Fentanyl (Conscious Sedation) Versus Propofol Infusion (Deep Sedation) for Aesthetic Surgery", *Plastic and Reconstructive Surgery Journal*, Vol. 112, Issue 6, 1683-1689, November 2003.
16. Reid, RR. **Casas, LA.**, Greve, S., "The Effects of Zafirlukast (Accolate) on Early Capsular Contracture in the Primary Augmentation Patient: A Pilot Study", *Aesthetic Surgery Journal*, Vol.27, No.10, 26-29, January/February 2005.

17. Sarwer, D., Baker, JL., **Casas, LA.**, Gold, A., Jewell, ML., LaRossa, D., Nahai, F., Young, LV., "A Prospective Multi-Site Investigation of Patient Satisfaction and Psychosocial Status Following Cosmetic Surgery", *Aesthetic Surgery Journal*, Volume 25, No. 3, 263-269, May 2005.
18. **Casas, LA.**, "Breast Implants: Rolling Up Our Sleeves", *Aesthetic Surgery Journal*, Vol. 25, No.4, 383-384, July 2005.
19. Sarwer DB, Infield, AL., **Casas, LA.**, Baer, JL., Glat, PM., Gold, AH, Jewell, ML, LaRossa, D., Nahai, F, Young, VL. "Two-year results of a Prospective, Multi-Site Investigation of Patient Satisfaction and Psychosocial Status Following Cosmetic Surgery. *Aesthetic Surgery Journal* 2008; 28:245-250.
20. McCafferty, LR, **Casas, LA.**, "Multi-Site Analysis of 177 Consecutive Primary Breast Augmentations: Predictors for Reoperation", *Aesthetic Surgery Journal*, May, 2009: 29:213-220.
21. Kim, P., Kim, K., **Casas, LA.**, "Superior Pedicle Auto augmentation Mastopexy: A Review of 34 Consecutive Patients", *Aesthetic Surgery Journal*, 2010, Volume 30, No. 2, 201-210.
22. Schierle, CF., **Casas, LA.**, "Nonsurgical Rejuvenation of the Aging Face With Injectable Poly-L-Lactic Acid for Restoration of Soft Tissue Volume, *Aesthetic Surgery, Journal*, January 2011, Volume 31, 95-109.
23. **Casas, LA.**, "Preoperative Sizing for Breast Augmentation". *Plastic and Reconstructive Surgery Journal*, February 2011, Volume 127(2):1006-1007.
24. Rohrich, R., **Casas, LA.**, "Facial Soft-Tissue Fillers Conference: Assessing the State of the Science." *Plastic & Reconstructive Surgery Journal*, April 2011, Volume 127, Supplement 4S.
25. Rohrich, R., **Casas, LA.**, "Facial Soft-Tissue Fillers: Assessing the State of the Science Conference-Proceedings Report." *Plastic & Reconstructive Surgery Journal*, April 2011, Volume 127, Supplement 4S.
26. **Casas, LA.**, "Pan-Facial Volumization with Poly-L-Lactic Acid (PLLA), *Journal of Drugs in Dermatology*, March 2012, Volume 11, Issue 3 Supplement.
27. **Casas, LA.**, "Introduction to: Current Aesthetic Use of Abobotulinum Toxin-A in Clinical Practice: An Evidence-Based Consensus Review", *Aesthetic Surgery Journal*, September 2012 Volume 32: Supplement 7S.
28. **Casas, LA.**, "Why Should We Foster Specialty Collaboration in Cosmetic Medicine?" *Aesthetic Surgery Journal*, Volume 33, Number 1, January 2013.
29. Bank, J, Phillips, NA, **Casas, LA.**, Patient- centric dose equivalency pilot study of incobotulinumtoxin a (xeomin) vs. abobotulinumtoxin a (dysport) in the treatment of glabellar frown lines. *Plast Aesthet Res* 2015;2:12-6.
30. Kenkel JM, **Casas LA**, Southwick,G, Pfeifer,T. How ASJ Open Forum Fits Into Your Aesthetic Education: A Roundtable Discussion. *Aesthetic Surgery Journal Open Forum*, September 2019 Volume 1, issue 3.
31. Moak TN, Cress P, Tenenbaum M, **Casas LA**. The Leaky Pipeline of Women in Plastic Surgery: Embracing Diversity to Close the Gender Disparity Gap. *Aesthetic Surgery Journal*, sjz299, <https://doi.org/10.1093/asj/sjz299>
32. Kubler MM, Sheehan M, **Casas LA**. Topical Treatment with Tripeptide and Hexapeptide Following Body-Contouring Procedures Improved Patient-Reported Recovery Outcomes *Aesthetic Surgery Journal Open Forum*, Jan 2020 Vol 2, issue 1 ojz037, <https://doi.org/10.1093/asjof/ojz037>
33. Smith JR, Sheehan M, **Casas LA**. Using the BODY-Q to Evaluate Appearance and Quality of Life Following Treatment of Skin Laxity of the Outer Thigh with Microfocused Ultrasound

and Calcium Hydroxylapatite. *Aesthetic Surgery Journal*, published December 26 2019 sjz372, <https://doi.org/10.1093/asj/sjz372>

34. Ziegler ME, Claytor B, Bell M, **Casas LA**, Widgerow AD. Gene Expression Changes in the Skin of Patients Undergoing Medial Thigh Liposuction With Pre-Surgical and Post-Surgical Application of Topical Products *Aesthetic Surgery Journal Open Forum*, Volume 2, Issue 3, September 2020, ojaa033, <https://doi.org/10.1093/asjof/ojaa033>
35. **Casas LA**, Bell M, Claytor B, Ziegler ME, Widgerow AD. An Analysis of Patient-Reported Recovery Outcomes of Topical Tripeptide/Hexapeptide Formulations Utilized in Prospective Randomized Double-Blind Neck and Body Study. *Aesthetic Surgery Journal Open Forum*, Volume 3, Issue 1, January 2021, ojaa052, <https://doi.org/10.1093/asjof/ojaa052>
36. Claytor B, **Casas LA**, Ziegler M, Widgerow AD, Bell M. Evaluating the Efficacy, Tolerability, and Outcomes of Topical Tripeptide/Hexapeptide Formulations Before and After Liposuction of the Medial Thighs. *Aesthetic Surgery Journal Open Forum*, Volume 3, Issue 1, January 2021, ojaa055, <https://doi.org/10.1093/asjof/ojaa055>

(b) Peer-reviewed works in 'non-traditional' outlets:

(d) Non-peer-reviewed original articles

(e) Books:

(f) Book chapters:

1. Russels, RC., and **Casas, LA**. Management of fingertip injuries. *Clinics in Plastic Surgery* #16: Upper Extremity Trauma and Reconstruction, pp. 405-425, W.B. Saunders Co., Philadelphia, PA, July, 1989.
2. Russels, RC., Zook, EG., and **Casas, LA**: Free tissue transfer for the reconstruction of difficult wounds. *Problems in General Surgery*, Vol. 6 #4 Oct.-Dec., pp 624-649, J.B. Lippincott Co., Philadelphia, PA, 1989.
3. Hartrampf, CR., Michelon, B., and **Casas, LA**. Concepts in TRAM Flap Design and Execution. *Hartrampf's Breast Reconstruction with Living Tissue*. Hampton Press, New York, NY, 1991.
4. Hartrampf, CR., Bennett, GK., and **Casas, LA**. Clinical Results: Complications, Prevention, Management and Salvage Procedures. *Hartrampf's Breast Reconstruction with Living Tissue*. Hampton Press, New York, NY, 1991.
5. Hartrampf, CR., and **Casas, LA**. Reconstruction Following Adjuvant and Primary Radiation Therapy, *Hartrampf's Breast Reconstruction with Living Tissue*. Hampton Press, New York, NY, 1991.
6. Hartrampf, CR. and **Casas, LA**. Breast Reconstruction Using a Double Pedicle TRAM Flap: How They Do It. Little Brown & Co. 1991.
7. **Casas, LA**. Breast Augmentation. *Plastic and Reconstructive Surgery Board Review*, pp 95-101, McGraw-Hill Companies, Inc 2006
8. Schierle, C. and **Casas, LA**. Breast Augmentation, *Cosmetic Book Camp Primer*. 2010.

(g) Other works that are publically available (websites, interviews, publications in the popular press, testimony, computer programs, protocols, reagents, inventions, patents

not listed above, etc.)

- 1991 Quoted Today's Chicago Women: "Reconstructive Breast Surgery"
- 1992 Quoted Pioneer Press Images/Health: "Reconstructive Surgery Offers Alternatives"
- 1993 Interview CBS News with Dr. Terry Hamilton, August 30: "Silicon Breast Implant Controversy"
- 1995 Quoted Cosmopolitan, December Issue: "Plastic Surgery and Younger Patients"
- 1996 Quoted Chicago Magazine, January Issue: "About Face"
- 1996 Quoted NorthShore Magazine, February Issue: "Shape Shifting"
- 1996 Quoted US News World Report 7/29/96: "Cosmetic Surgery for Teenagers"
- 1996 Interview NBC-TV with Joan Esposito, May: "Soybean Oil Breast Implants"
- 1997 Interview ABC-TV with Sylvia Perez, November: "New Techniques in Liposuction"
- 1997 Quoted NorthShore Magazine February Issue: "Cosmetic Surgery-New Problems, New Hope"
- 1997 Quoted Women's Health Access, May/June "Women in Plastic Surgery"
- 1998 Quoted Journal for Aesthetic Science 1/19/98: "How Plastic Surgery Patients and Procedures Have Changed Over the Years"
- 1998 Interview WGN Radio August 9: "Self-Esteem and the Cosmetic Surgery Patient"
- 1998 Quoted Twist Magazine, November Issue; "Teenage Breast Reconstruction"
- 1998 Quoted Chicago Sun-Times, 9/6/98: "Breast Implants: Popular Again as Fear Recedes"
- 1998 Interview CL-TV with Monica Schneider, October: "Plastic Surgery"
- 1998 Quoted American Medical Association News, Nov-Dec: "Teenage Cosmetic Surgery"
- 1998 Quoted Interview Public Access, Cable TV, Teresa Gordon Show, November: "Trends In Plastic Surgery"
- 1999 Quoted Times Magazine, February: "Cosmetic Surgery"
- 1999 Interview ABC-TV with Chuck Goudie, May: "Insurance Coverage of Abdominoplasty"
- 1999 WGN-TV Interview with Micah Materre, February: "Teenagers and Cosmetic Surgery"
- 1999 Quoted Mode Magazine, February: "Breast Reduction Surgery"
- 1999 Quoted Ladies Home Journal, March: "Plastic Surgery for Women over 40"
- 1999 Interview CBS-TV Interview, September: "Healthy Lifestyles"
- 1999 Quoted Chicago Tribune, April 15: "Adults Having Plastic Surgery to Reverse the Aging Process"
- 1999 Quoted TEEN Cosmopolitan, May: "Plastic Surgery for Teenagers"
- 1999 Quoted Real Women Magazine, July: "Trends In Plastic Surgery"
- 1999 Quoted Aesthetic Society News, Quarterly Newsletter, summer: "Growing Your Practice: Do Patient Seminars Work?"
- 1999 Quoted Chicago Tribune, August: "Exercising the Liposuction Option to Remove Fat"
- 1999 Quoted Men's Health Magazine August: "Facts About Abdominoplasty"
- 1999 Quoted Daily Herald Newspaper, August 16 "Getting Your Body Back In Shape After Pregnancy"
- 1999 Quoted Chicago Tribune (Tempo Section), October: "The Realities of Breast Augmentation"
- 1999 Quoted NorthShore Magazine, October: "Men and Cosmetic Surgery"
- 1999 Quoted Esthetique Magazine, December: "Baby Boomers and Cosmetic Surgery"
- 1999 Quoted www.ediet.com, December 30: "Plastic Surgery and the Holidays"
- 2000 Interview Fox 5-TV (Atlanta, GA), February 28: "Liposuction Facts & Information for the Public"
- 2000 Interview PAX-TV, Primary Focus, April 28: "Beauty's Illusion"
- 2000 Interview ABC-News October: "Breast Reduction Study"
- 2000 Interview 98Rock Radio, Baltimore, MD, October 23: "How Breast Reduction Surgery"

- Enhances Quality of Life”
- 2000 Interview PAX-TV, Primary Focus (National News Magazine), January: “Beauty in American Culture”
- 2000 Interview *Wedding Pages* Magazine, January: The Role of Cosmetic Surgery in Preparation for a Wedding”
- 2000 Quoted America On Line, March: “Liposuction Update”
- 2000 Interview PAX-TV, Primary Focus (National News Magazine), January: “Beauty in American Culture”
- 2000 Quoted *Wedding Pages* Magazine, January: “The Role of Cosmetic Surgery in Preparation for a Wedding”
- 2000 Quoted America On Line, March: “Liposuction Update”,
- 2000 Quoted **Seventeen** Magazine, April: “Breast Asymmetry: Q & A”
- 2000 Quoted Chicago Sun-Times, April 28: “Breast Implants: Reasons and Controversy”,
- 2000 Quoted Vogue Teen Magazine, May: “Teenagers and Cosmetic Surgery”,
- 2000 Quoted Marie-Claire Magazine, May; “Liposuction – Risks and Facts”,
- 2000 Quoted Spa Magazine, January/February: “Skincare and Microdermabrasion”
- 2000 Quoted Self Magazine, August: “Changes in a Woman’s Body Postpartum”,
- 2000 Quoted Wall Street Journal, August, “Trends and Cosmetic Surgery Options”
- 2000 Quoted Fitness Magazine, October: “Self-Improvement and Plastic Surgery”,
- 2000 Quoted Outpatient Surgery Magazine, October: Streamlining Plastic Surgery Costs in the Operating Room”,
- 2001 Quoted *Self* Magazine, February: “The Health Benefits of Four Different Plastic Surgery Procedures”
- 2001 Quoted Cosmetic Surgery Times, January: “Breast Reduction is a Functional Operation”
- 2001 Quoted Chicago Daily Herald, January: “What’s New in Plastic Surgery”,
- 2001 Quoted Self Magazine, April: “Plastic Surgery and Scar Revision”,
- 2001 Quoted Town and Country Magazine, May: “Cosmetic Surgery of the Breasts: Augmentation, Mastopexy, and Reduction”
- 2001 Quoted Chicago Tribune, March 12: “Plastic Surgery Primer: Special Section for Baby Boomers”
- 2001 Quoted Boston Magazine, February 23: “Breast Reduction-Refined Techniques”
- 2001 Quoted Elle Magazine, March: “Considering Plastic Surgery: What You Should Know”
- 2001 Quoted Minnesota Monthly, March: “Plastic Surgery Procedures – From Botox to Breast Reconstruction”
- 2001 Quoted Shape Magazine, April: “Breast Augmentation: What you need to know”,
- 2001 Quoted Spa Magazine, April 4, “Liposuction News”
- 2001 Quoted Cosmopolitan Magazine, June: “Breast Health: Breast Reduction and Breast Augmentation”
- 2001 Quoted SHAPE Magazine, June, “What Having a Baby Does to Your Body”,
- 2001 Quoted Town and Country Magazine, July: “When Size Matters”
- 2002 Quoted Chicago Tribune, February 13: “Botox”
- 2002 Quoted Allure Magazine, July: “Ultrasound Warning/Scalpel News”
- 2002 Testified at FDA Advisory Panel on Safety Silicone Breast Implants
www.fda.gov/ohrms/dockets/.../3876t2.rtf
- 2002 Quoted Elle Magazine, September: “Insert Here-Facial Implants”,
- 2002 Quoted Weight Watchers Magazine, Sept/Oct: “Looking Younger”
- 2003 Quoted Washington Post, January: “The Growing Popularity of Belly Button Piercing”
- 2003 Quoted Glamour Magazine, October: “What Plastic Surgeons Would Suggest”
- 2003 Quoted Cosmopolitan Magazine, January: “Breast Update”

- 2003 Quoted Allure Magazine, November: "Breast Implant Satisfaction"
- 2003 Testifies FDA Advisory Panel on Silicone Gel Breast Implants as ASAPS Communications Commissioner
- 2003 Quoted October 13, New Data Responds to FDA Concerns About Breast Implants <http://www3.scienceblog.com/community/older/archives/K/5/pub5414.html>
- 2003 Quoted <http://www.surgery.org/media/news-releases/breast-implant-patients-need-public-health-registry-asaps-supports-fda-panel-recommendations>
- 2004 Listed New York Times Style Section, New York Times, October 16, 2005: "911- The List of the Best (Dermatologist, Plastic Surgeons, Makeup Artists)"
- 2004 Quoted Cosmopolitan.com, January 19; <http://www.cosmopolitan.com/sex-love/advice/a1597/Cosmos-Boob-Bible-20-Surprising-Facts-About-Your-Set/>
- 2005 Quoted CBSNews.com, April 11: FDA Hears Pros, Cons of Silicone <http://www.cbsnews.com/news/fda-hears-pros-cons-of-silicone/>
- 2005 Quoted North Shore Magazine, December: "Medical Spas"
- 2005 Interview Fox-TV November 8: "Contour Threadlifts"
- 2006 Quoted Elle Magazine, April: "Liposuction Revisions"
- 2006 Quoted MSN.com, June 13: "Battling the Post-Baby Bulge"
- 2006 Quoted New Beauty Magazine, Summer-Fall: "Lifting Bras vs. Breast Lift",
- 2006 Quoted Allure Magazine, November: "Dangerous Curves Controversy"
- 2006 Quoted LA Times, November 27: "Breast Silicone Implant Approval"
- 2006 Quoted Newsweek Web Online, March 31: "Chest Right"
- 2008 Quoted <http://www.webmd.com> April 25: "How Will Breast Implants Change Your Life?"
- 2008 Quoted New Image.com, Beth Duff, July: "Too Old For Plastic Surgery?"
- 2008 Quoted <http://www.foxchicago.com> August: "Medical Spa Safety"
- 2008 Quoted Glamour Magazine November, "Plastic Surgery Procedures on Women in 20's and 30's"
- 2009 Quoted Cosmopolitan Magazine, Esther Crain, March: "Breast Health Issues"
- 2009 Quoted Ladies Home Journal, March: "Breast Lifts"
- 2009 Quoted Cosmopolitan Magazine, June: "Breast Reduction"
- 2009 Interviewed Medscape June 25: Expert Interview with ASERF President L.Casas MD <http://www.medscape.com/viewarticle/704748>
- 2009 Interviewed <http://talkingmakeup.com/tag/juvederm/> Botox Cosmetic & Juvederm
- 2009 Quoted Plastic Surgery Practice, July: "Casas Aims to Increase Reach of ASERF",
- 2010 Quoted Stewart Health Living "Good Better Breast "
- 2010 Quoted <http://cureaging.org/a6/c,k/bloglist/top+plastic+surgery,0> Will Going Braless=Sagging Breasts?
- 2010 Quoted Aesthetic Medicine News, April 29: When Will "Aesthetic Plastic Surgery" Empower Men, Too? <http://aestheticmedicineneeds.com/when-will-aesthetic-plastic-surgery-empower-men-too.htm>
- 2010 Quoted Allure Magazine, February: "Breast Implants To Be Studied"
- 2011 Quoted Cosmopolitan Magazine, December: "Breast Reduction"
- 2012 Quoted Webmd.com February 8 "Breast Implants: Psychological Affects" <http://www.webmd.com/beauty/breast-implants/how-will-breast-implants-change-your-life>
- 2012 Quoted Chicago Tribune, January: "Cosmetic Medicine and The Senior Citizen"
- 2012 Interview 97.9 The Loop Radio, Peter McMurray and Jane Monzures, aired January 23 "Your Breast Year Ever"
- 2015 Quoted <http://www.marketwatch.com/story/nonsurgical-facelift---marketing-gimmick-or-legitimate-cosmetic-procedure-2015-05-17> ; "Nonsurgical Facelift-Marketing Gimmick OR Legitimate Cosmetic Procedure?"

- 2015 Quoted Winnetka Current Newspaper, December 15: "Miradry, New Technology to Stop Sweat!"
- 2017 Quoted Allure Magazine, March: "That Scary News About Breast Implants Causing Cancer? It Isn't What It Seems."
<https://www.allure.com/story/fda-update-on-breast-implants-causing-cancer>
- 2018 Quoted Allure.com, July 16 "Life in Plastic Surgery: A Complete Guide to the 'Mommy Makeover'."
<https://www.allure.com/story/mommy-makeover-guide>
- 2018 Quoted New Beauty.com September 24 "Why the Plastic Surgery Community Is Speaking Out About a New Breast Implants Study"
<https://www.newbeauty.com/breast-implant-study-criticism-melanoma/>
- 2019 Quoted NewBeauty.com April 4 "The Truth About Breast Implants"
<https://www.newbeauty.com/?s=the+truth+about+breast+implants>
- 2019 Quoted in MDedge.com Hematology News April 4 "Powerful Breast Implant Testimony Constrained by Limited Evidence"
<https://www.mdedge.com/hematology-oncology/article/198231/aggressive-lymphomas/powerful-breast-implant-testimony>
- 2019 Quoted in highya.com July 22. "Liposuction:How it Works, Types, Risks, Side Effects, and More".
<https://www.highya.com/articles-guides/liposuction-how-it-works-types-risks-side-effects-and-more>
- 2019 Quoted in Allure.com July 29 "Why Everyone is Talking About Breast Implant Safety Right Now. Your complete guide to recalls, "breast implant illness," and the conversation surrounding them".
<https://www.allure.com/story/breast-implant-safety-recall>
- 2020 Quoted in Beauty Packaging "Alastin Skin Care is Issued Third Patent"
https://www.beautypackaging.com/contents/view_breaking-news/2020-01-02/alastin-skincare-is-issued-a-third-us-patent/
- 2020 Quoted on Realself.com July 23 "Smartlipo:What You Should Know"
<https://www.realself.com/smart-lipo>
- 2020 Quoted on Realself.com July 24 "Labiaplasty:What You Should Know"
<https://www.realself.com/labiaplasty>
- 2020 Quoted on Realself.com August 21, 2020 Cellfina: What You Should Know
<https://www.realself.com/cellfina>

(h) Clinical trials that are ongoing and unpublished

1. IRB protocol EH-#92-133 Silicone Gel Mammary Prosthesis Clinical Study
Mentor H/S Role: Principal Investigator Status. Completed September 2011.
2. IRB protocol EH-#01-013 An Outcome Study Comparing Intravenous Sedation with Midazolam/Fentanyl (Conscious Sedation) versus Propofol Infusion (Deep Sedation) for Aesthetic Surgery. Role: Co Investigator. Status Completed 2002.
3. IRB protocol EH-#99-011 Prospective Study Analyzing the Differences in Wound Healing Following Breast Reduction Surgery when Using UAL (Ultrasonic Assisted Liposuction) vs. SAL (Suction Assisted

- Liposuction) for Reduction of Excessive Axillary Adipose Tissue
 Role: Principal Investigator. Completed 2010.
4. Midwestern IRB # 01-2145 National Saline Breast Implant Registry. Role: Co Investigator with Dr. Leroy Young. Completed 2007.
 5. IRBco Protocol #2012-0353 US Postapproval Study Sientra Silicone Gel Breast Role: Principal Investigator. Completed 2015.
 6. Collaborate with Allergan in Research Study: Patient Satisfaction Following Cosmetic Treatment of Botox 2016
 7. Western Institutional Review Board #20183210 Study #1251408: Using the BODY-Q to Evaluate Appearance and Quality of Life Following Treatment of Skin Laxity with Microfocused Ultrasound and Calcium Hydroxylapatite. Completed 2019
 9. Advarra IRB: Evaluating the Efficacy, Tolerability and Outcomes of a Topical Product Pre and Post Aesthetic Surgical Body Procedures. 5.1.2021-

(i) Works in review, in preparation, etc. not yet publically available [list ONLY if available for BSD review]

1. Miradry Clinical Registry Study- Co-Investigator (with Miramar Labs).

EDITORIAL DUTIES

(a) Editorial Responsibilities:

| | |
|-----------|---|
| 2006-2012 | Aesthetic Surgery Journal Breast Section Editor |
| 2010-2012 | Merge Magazine |
| 2012-2021 | Aesthetic Surgery Journal Featured Operative Reports Section Editor |

(b) Reviewer Responsibilities:

| | |
|-------|--|
| 1997- | Plastic and Reconstructive Surgery (PRS) |
| 2000- | Aesthetic Surgery Journal (ASJ) |

FUNDING

(a) Past:

1. Dee & Moody Fund. My Role: Research Grant Co-Investigator. Title: Rapid vs. Slow Tissue Expansion: A Comparison of Dynamic Flows, Flap Survival and Histologic Changes in

- Fasciocutaneous and Random Pattern Flaps. Total Direct Costs: \$30,752.00. Evanston Hospital. Project Period: 1987-1988
2. Evanston Hospital Department of Surgery Fund: Research #EH-94-092. My Role: Principal Investigator and Trainer to NUMS Plastic Surgery Residents. Title: Microvascular Surgery Training with Live Rat Model. Total Direct Costs: \$90,000. Project Period: 1994-2003
 3. Evanston Hospital Department of Surgery Research Fund: Research # EH-97-011. My Role: Principal Investigator. Title: "Reduction Mammoplasty Is a Functional Operation, Improving Quality of Life in Symptomatic Women: A Prospective, Singel-Center Breast Reduction Outcome Study. Total Direct Cost: \$48,000. Project Period: 1996-2002
 4. ASERF Research Grant. My Role: Co-Investigator. Title: A prospective, multi-site investigation of patient satisfaction and psychosocial status following cosmetic surgery. Total Direct Costs \$18,000. Project Period 2001-2005
 5. ASERF Research Grant. My Role: Co-Investigator. Title: Two-Year Results of a Prospective, Multi-site Investigation of Patient Satisfaction and Psychological Status Following Cosmetic Surgery. Total Direct Costs. \$14,000. Project Period: 2004-2006
 6. Merz Physician Initiated Study. Principle Investigator. Title: Using the BODY-Q to Evaluate Appearance and Quality of Life Following Treatment of Skin Laxity with Microfocused Ultrasound and Calcium Hydroxylapatite. Total Direct Costs: \$27,620.00. Project Period 2019
 10. Alastin Physician Initiated Study. Principle Investigator. Title: Evaluating the Efficacy, Tolerability and Outcomes of a Topical Product Pre and Post Aesthetic Surgical Body Procedures. Total Direct Costs: \$11,000.00

(b) Current:

HONORS, PRIZES, AND AWARDS

- | | |
|-----------|--|
| 1974 | National Merit Scholarship |
| 1975 | Kappa Delta Scholarship Award, University of Illinois |
| 1974-1978 | James Honor Scholarship Award, University of Illinois |
| 1977 | Phi Beta Kappa, University of Illinois |
| 1986 | Senior Resident Research Paper Competition – First Place, Evanston Hospital |
| 1988 | Senior Resident Research Paper Award, Chicago Plastic Surgery Society |
| 1993 | Top Six Plastic Surgeon, Chicago Magazine |
| 1996 | Top Plastic Surgeon, Chicago Magazine |
| 1999 | Prospective Study on Breast Reduction Outcomes – 2 nd Prize, Chicago Plastic Surgery Society |
| 1999 | Prospective Study of Breast Reduction Outcomes – 2 nd Prize, American Society of Aesthetic and Plastic Surgery Annual Meeting, Dallas, TX |
| 2000 | Best Scientific Presentation for a Candidate or Resident. American Society of Aesthetic and Plastic Surgery Annual Meeting, Dallas, TX |
| 2001 | Top Plastic Surgeon, Chicago Magazine |
| 2003 | Excellence in Teaching Award, Northwestern University Feinberg School Medicine |
| 2003 | ASAPS Best Scientific Senior Resident Award, American Society for Aesthetic Plastic Surgery Annual Meeting, Boston, Massachusetts |
| 2003 | Nominated International Health Professional of the year, International Biographical Centre of Cambridge, England, Research and Advisory Board |
| 2004 | Academic Excellence Award, Evanston Northwestern Healthcare, Department of Surgery, Evanston, Illinois |
| 2005 | Academic Excellence Award, Evanston Northwestern Healthcare, Department |

- of Surgery, Evanston, Illinois
- 2005 Named "One of the Four Best Plastic Surgeons in the United States for Breast Augmentation" by the New York Times, New York Times Style Section, New York Times, October 16, 2005
- 2006 Academic Excellence Award, Evanston Northwestern Healthcare, Department of Surgery, Evanston, Illinois
- 2006 Tiffany Award for Best Scientific Presentation, American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, Orlando, Florida
- 2009 Best Scientific Poster Presentation. American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, Las Vegas, NV.
- 2019 Distinguished Service Award. American Society for Aesthetic Plastic Surgery

INVITED SPEAKING

- 1984 "A Systematic Approach to the Repair of the Midline Defects of the Back." Annual Meeting of the Midwestern Association of Plastic Surgeons. Chicago, IL.
- 1989 "A Comparison of Rapid and Slow Tissue 'Overexpansion'." Plastic Surgery Research Council Meeting. Atlanta, GA.
- 1990 "A More Precise Reproduction of the Missing Breast." American Society of Aesthetic Surgery Annual Meeting. Chicago, IL
- 1991 "Womancare." American College of Surgeons Annual Meeting, Chicago, IL.
- 1992 "A More Precise Reproduction of the Missing Breast." International Society of Aesthetic Plastic Surgery Congress. Guadalajara, Mexico.
- 1992 "Silicone Breast Implant Status" Evanston Hospital Board of Directors Meeting. Evanston, IL.
- 1993 "Simplified Nipple Reconstruction." Midwestern Society of Plastic Surgery Annual Meeting. Chicago, IL.
- 1996 "Maximal Breast Projection Following Free Nipple Graft Reduction Mammoplasty." Midwestern Association of Plastic Surgeons Annual Meeting. Milwaukee, WI.
- 1998 "TRAM after Lumpectomy or Radiation – Long Term Follow-Up." Southeastern Society of Plastic Surgeons Breast Symposium. Atlanta, GA.
- 1998 "Free Nipple Graft Breast Reduction". Southeastern Society of Plastic and Reconstructive Surgeons Breast Symposium. Atlanta, GA.
- 1998 "TRAM after Lumpectomy or Radiation--Long Term Follow Up". Southeastern Society of Plastic Surgeons Breast Symposium, Atlanta, GA.
- 1998 "Free Nipple Graft Breast Reduction". Southeastern Society of Plastic and Reconstructive Surgeons Breast Symposium, Atlanta, GA.
- 1998 "Reconstruction of Tubular Breasts". Southeastern Society of Plastic and Reconstructive Surgeons Breast Symposium, Atlanta, GA.
- 1998 "Long-term Follow-Up of Nipple Projection". Southeastern Society of Plastic and Reconstructive Surgeons Breast Symposium, Atlanta, GA.
- 1998 "A Systematic, One Stage Approach in the Treatment of Tuberos Breast Deformity," The American Society for Aesthetic Plastic Surgery 1998 Annual Meeting, Los Angeles, CA.
- 1998 "Optimizing Results in Breast Reduction: Free Nipple Graft Breast Reduction", The American Society of Plastic Surgeons Annual Meeting, Boston, MA.
- 1998 "Optimizing Results in Breast Reduction: The Tubular Breast Deformity". The

- American Society of Plastic Surgeons, Boston, MA.
- 1998 "A Systematic, One Stage Approach in the Treatment of Tuberous Breast Deformity", The American Society of Plastic Surgeons Annual Meeting, Boston, MA.
- 1999 "Prospective Study on Breast Reduction Outcomes", The American Society of Aesthetic Plastic Surgeons, Annual Meeting, Residents and Fellow Forum, Dallas, TX.
- 1999 "Prospective Study on Breast Reduction Outcomes", Frontiers in Plastic Surgery. American Society of Aesthetic Plastic Surgeons Annual Meeting, Dallas, TX.
- 1999 "A Prospective Study of Long Term Predictable Nipple Projection Following Reconstruction", XII Congress of the International Confederation for Plastic Reconstructive and Aesthetic Surgery, San Francisco, CA.
- 1999 "Manual Lymphatic Drainage Therapy: An Integral Component of Postoperative Care in Plastic Surgery Patients", Annual Conference, American Society of Lymphology, Chicago, IL.
- 1999 "Nine Year Experience Following Autologous Breast Reconstruction in The Irradiated Patient: An Evolution in Technique With Long Term Results", 68th Annual Scientific Meeting, American Society of Plastic Surgeons, New Orleans, LA.
- 2000 "Prospective Study Analyzing the Differences in Wound Healing When UAL versus SAL Was Used as an Adjunct in Standard Incision Breast Reduction Surgery", Residents and Fellow Forum, Annual Meeting, American Society of Aesthetic Plastic Surgeons, Orlando, FL.
- 2000 "Managing a Breast Reconstructive Surgery Practice in the Year 2000", Annual Meeting, American Society of Plastic Surgeons, Los Angeles, CA.
- 2000 "Reduction Mammoplasty is a Functional Operation: A Prospective, Single – Center Breast Reduction Outcome Study", Annual Meeting, American Society of Plastic Surgeons, Los Angeles, CA.
- 2001 "Conscious Sedation with Midazolam/Fentanyl vs. Propofol Infusion for Aesthetic Surgery: An Outcome Study", Annual Scientific Meeting, American Society of Plastic Surgeons, Orlando, FL.
- 2002 "Conscious Sedation with Midazolam/Fentanyl vs. Propofol Infusion for Aesthetic Surgery: An Outcome Study", Annual Scientific Meeting of American Society for Aesthetic Plastic Surgery, Las Vegas, NV.
2002. "Intravenous Sedation for Cosmetic Surgery, An Outcome Study", Annual Scientific Meeting of American Society of Plastic Surgeons", San Antonio, TX.
- 2002 "Aesthetic and Predictable Correction of the Severely Inverted Nipple". Annual Scientific Meeting of American Society of Plastic Surgeons, San Antonio, TX
- 2003 "Aesthetic and Predictable Correction of the Severely Inverted Nipple. Annual Scientific Meeting of American Society for Aesthetic Plastic Surgery, Boston, MA.
- 2003 "Preventing and Solving Problems in Saline Breast Augmentation", The American Society for Aesthetic Plastic Surgery Annual Meeting, Boston, MA.
- 2003 "Patient Satisfaction, Demographics, Follow-Up Data, Recuperation and Quality of Life Following Breast Augmentation", FDA Testimony to General And Plastic Surgery Device Panel as American Society for Aesthetic Plastic Surgery FDA Representative. Gaithersburg, MD.
- 2003 "The Effect of Zafirlukast (Accolate) on Early Capsular Contracture in the Primary Augmentation Patient: A Pilot Study". Annual Scientific Meeting of the American Society of Plastic Surgeons, San Diego, CA.

- 2004 "The Effect of Zafirlukast (Accolate) on Early Capsular Contracture in the Primary Augmentation Patient: A Pilot Study". Annual Meeting of the American Society for Aesthetic Plastic Surgery, Vancouver, Canada.
- 2004 "Evolving Role of Silicone Implants in Breast Surgery Today: My Personal Perspective". Annual Scientific Meeting of the American Society for Aesthetic Plastic Surgery, Vancouver, Canada.
- 2005 Testimony as FDA representative from American Society for Aesthetic Plastic Surgery FDA Plastic Surgery Device Panel, Washington, D.C.
- 2005 "Superior Pedicle Auto Augmentation Vertical Mastopexy and A Safe and Reliable Approach to Maximizing the Aesthetic Result in Breast Surgery Following Dramatic Weight Loss", American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, New Orleans, LA.
- 2005 "Exploring Options in Breast Augmentation – Not an Easy Option", Co-Chair with Jack Fisher, MD, American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, New Orleans, LA.
- 2005 "The Role of Manual Lymphatic Drainage in the Post Operative Care of Cosmetic Plastic Surgery Patients, Illinois Physical Therapy Association Fall Conference, Springfield, IL.
- 2006 "209 Consecutive Primary Breast Augmentations: Pearls to Reducing the Risks For Re-Operation", American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, Orlando, FL.
- 2006 "Breast Panel – The Greatest Challenge – Primary and Secondary Augmentation Mastopexy", American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, Orlando, FL.
- 2006 "209 Consecutive Primary Breast Augmentations: Pearls to Reducing the Risks For Re-Operation", The American Society of Plastic Surgeons Annual Meeting, San Francisco, CA.
- 2007 "Cosmetic Medicine: Positioning Your Practice for Lifetime Patient Loyalty and Satisfaction", American Society of Plastic Surgery Annual Meeting, Baltimore, MD.
- 2007 "Cosmetic Surgery and Gynecology", Invited Panelist, AAGL 36th Annual Meeting Global Congress of Minimally Invasive Gynecology. Washington, DC.
- 2008 "Strategies in Breast Ptosis Management" American Society for Aesthetic Surgery Annual Scientific Meeting, San Diego, CA.
- 2008 "Revising the Unsatisfactory Breast Augmentation" American Society For Aesthetic Plastic Surgery Meeting, San Diego, CA.
- 2008 "Vertical Reduction Mammoplasty Quantification of the Learning Curve" American Society of Plastic Surgeons Annual Scientific Meeting, Chicago, IL.
- 2008 "Superior Pedicle AutoAugmentation Mastopexy: A Review of 34 Consecutive Patients", American Society of Plastic Surgeons, Chicago, IL.
- 2009 "Reducing Rate of Reoperation for Size Dissatisfaction" American Society for Aesthetic Plastic Surgery Annual Meeting, Las Vegas, NV.
- 2009 "Methods to Reduce Reoperation Rate for Implant Size and Dissatisfaction", The Los Angeles Plastic Surgery Symposium, Los Angeles, CA.
- 2009 "The Synergy of Sculptra and Retin-A: Lessons Learned from 106 Consecutive Patients" Los Angeles Plastic Surgery Symposium, Los Angeles, CA.
- 2009 "Methods to Reduce Reoperation Rate for Implant Size Dissatisfaction", American Society of Plastic Surgeons Annual Scientific Meeting, Seattle, WA.
- 2010 "Optimizing Results of Facial Soft Tissue Augmentation with Poly-L-Lactic Acid with Topical Tretinoin Pretreatment: a Prospective Crossover Cohort Study of

- 173 Consecutive Patients.” American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, Washington D.C.
- 2010 “Synergy of Retin A & Sculptra - 106 Consecutive Patients”. American Society of Plastic Surgeons Annual Scientific Meeting, Toronto, Canada.
- 2011 “Superior Pedicle Auto Augmentation Mastopexy”, 27th Annual Atlanta Breast Surgery Symposium, Atlanta, Georgia, January.
- 2011 “Difficult Primary Breast Augmentation Cases: Managing Expectations and Clinical Outcomes” 27th Annual Atlanta Breast Surgery Symposium, Atlanta, GA.
- 2011 “Reducing the Reoperation Rate for Size Dissatisfaction. Is 3-D Imaging Necessary”. 27th Annual Atlanta Breast Surgery Symposium, Atlanta, GA.
- 2011 “Challenging Primary Breast Augmentation”, 27th Annual Atlanta Breast Surgery Symposium, Atlanta, GA.
- 2011 “Which Pedicle, Which Scar, Making the Right Choice for the Patient”, 27th Annual Atlanta Breast Surgery Symposium, Atlanta, GA.
- 2011 “Breast Augmentation, Reducing the Risk for Re-operation for Size Dissatisfaction”, 25th Annual Virgin Islands Workshop in Plastic Surgery, U.S. Virgin Islands.
- 2011 “Managing the Ptotic Breast, With and Without Implants” 25th Annual Virgin Islands Workshop in Plastic Surgery U.S. Virgin Islands
- 2011 “Sculptra-Critical Evaluation of 106 Consecutive Patient Series.” 25th Annual Virgin Islands Workshop in Plastic Surgery, US Virgin Islands.
- 2011 “Analysis and Precision Planning of the Asymmetric Breast” American Society of Aesthetic Plastic Surgery Annual Scientific Meeting, Boston MA.
- 2011 “Injectable Agents in Plastic Surgery; What, Where and When” ASAPS-ASPS CME Biannual Cruise. Athens, Greece.
- 2011 “Reducing Rate of Reoperation for Size Dissatisfaction” ASAPS-ASPS CME Biannual Cruise. Athens, Greece.
- 2011 “Injectable Agents for Facial Shaping” American Society of Plastic Surgeons Annual Scientific Meeting, Denver, CO.
- 2011 “Nonsurgical Rejuvenation of the Aging Face With Injectable Poly-L-Lactic Acid for Restoration of Soft Volume”, American Society of Plastic Surgeons Annual Scientific Meeting, Denver, CO.
- 2012 “The Power of Cosmetic Medicine: High Impact Results with Injectable Agents for Facial Rejuvenation”. ASAPS Annual Meeting, Vancouver, Canada.
- 2012 “The Art of Retaining Patients Long Term”, Invited Faculty Ohio Valley Society of Plastic Surgeons 55th Annual Meeting, OH.
- 2012 “The Art of Breast Enhancement” Invited Faculty Ohio Valley Society of Plastic Surgeons 55th Annual Meeting, OH.
- 2012 “Volumizing and Shaping”, Vegas Cosmetic Surgery Symposium, Las Vegas, NV.
- 2012 “What, When, and Why I Use Fillers and Toxins? Anatomically Based Agent Selection and Complementing Traditional Surgical Approaches with Injectable”, Vegas Cosmetic Surgery Symposium, Las Vegas, NV.
- 2012 “Breast Reduction Surgery...Which Scar, Which Pedicle”. ASAPS Visiting Professor, Maryland Society of Plastic Surgery, Baltimore, MD.
- 2012 “Managing Breast Asymmetry”. ASAPS Visiting Professor, Maryland Society of Plastic Surgery, Baltimore, MD
- 2013 “Breast Augmentation, Problem Solving” ASAPS Visiting Professor University of Massachusetts, Worcester, MA.

- 2013 "Managing Breast Asymmetry in Primary Breast Augmentation" Visiting Professor University of Massachusetts, Worcester, MA.
- 2013 "Breast Reduction, Which Pedicle and Which Scar" Visiting Professor University of Massachusetts, Worcester, MA.
- 2013 "Why Incorporate Non Surgical Treatments into your Practice" Visiting Professor University of Massachusetts, Worcester, MA.
- 2013 "Key Points to Building a Successful Aesthetic Surgery Practice" Visiting Professor University of Massachusetts, Worcester, MA.
- 2013 "Managing Difficult Cases In Breast Augmentation" Guest Speaker, Massachusetts Plastic Surgery Society, ASAPS Visiting Professor. Lenox, Mass.
- 2013 "Patient-Centric Dose Equivalency Pilot Study of Incobotulinumtoxin A (Xeomin) Vs. Abobotulinumtoxin A (Dysport) in the Treatment of Glabellar Frown Lines", ASAPS Annual Meeting, New York
- 2013 "My Tips For The Wow Effect With Fillers" Vegas Cosmetic Surgery Symposium, Las Vegas, NV.
- 2013 "Power Of Cosmetic Medicine and Aesthetic Plastic Surgery: OPTIMIZING LONG TERM RESULTS WITH ONGOING LONGITUDINAL CARE" Vegas Cosmetic Surgery Symposium, Las Vegas, NV.
- 2013 "There is a Discount Medi-spa on Every Corner... How Can I Possibly Compete with These Prices?" Vegas Cosmetic Surgery Symposium, Las Vegas.
- 2013 "Which Scar Which Pedicle in Breast Reduction Surgery, University of California, San Francisco, ASAPS Traveling Professor.
- 2013 "Cosmetic Medicine: How to Successfully Integrate it Into Your Plastic Surgery Practice", University of California, San Francisco, ASAPS Visiting Professor, San Francisco, CA.
- 2013 "Managing Difficult Primary and Secondary Breast Augmentation" Guest Speaker UCSF Division Plastic Surgery Monthly Dinner Meeting, ASAPS Visiting Professor, San Francisco, CA.
- 2013 "Mastopexy with and Without Implants" UCSF, ASAPS Visiting Professor, San Francisco, CA.
- 2014 "Superior Pedicle Augmentation Mastopexy without an Implant", Visiting Professor Harvard Plastic Surgery Invited Lecturer, Boston, MA.
- 2014 "Which Scar Which Pedicle in Breast Reduction Surgery", Visiting Professor Harvard Plastic Surgery Invited Lecturer, Boston, MA.
- 2014 "Revision Breast Augmentation: Managing the Inframammary fold" Visiting Professor Harvard Plastic Surgery Invited Lecturer, Boston, MA.
- 2014 "Defining The Fine Line- Augmentation vs. Augmentation Mastopexy", American Society for Aesthetic Plastic Surgery Annual Meeting Scientific Session, April 25th San Francisco, CA.
- 2014 "How to Compete With Medical Spas", Vegas Cosmetic Surgery Symposium, Las Vegas, NV.
- 2014 "Combining Aesthetic Surgery and Cosmetic Medicine: Positioning Your Practice for Longitudinal Patient Care and Patient Satisfaction", Vegas Cosmetic Surgery Symposium, Las Vegas, NV.
- 2014 "When Ethics & Controversies Collide; Real Patients; Real Choices", Vegas Cosmetic Surgery Symposium, Las Vegas, NV.
- 2014 "Non Invasive Fat and Cellulite Reduction, Does it Work: A Plastic Surgeons Perspective", 10th Annual QMP Aesthetic Surgery Symposium CME. Chicago, IL.
- 2014 "Fat Reduction and Body Sculpting, Non Invasive to Traditional Procedures". 10th Annual QMP Aesthetic Surgery Symposium CME. Chicago, IL.

- 2014 "Prevention then Managing Fold Asymmetries in Revision Augmentation with 3D Cases", 10th Annual QMP Aesthetic Surgery Symposium CME. Chicago, IL
- 2015 "Getting Your Body Back: After Babies and Beyond, Mommy Makeovers", Invited Speaker, NorthShore University Health System, Springfield, IL.
- 2015 "Positioning Your Practice for the Future: Combining Aesthetic Medicine with Aesthetic Surgery and Successfully Competing with the MediSpas)" Aesthetic Surgery CME Teaching Cruise, American Society for Aesthetic Plastic Surgery. Barcelona, Spain.
- 2015 "Can Facial and Neck Aging be Effectively Managed Using Skin Care, Light and Energy Based Technology, Maintenance Injections, and Minimally Invasive Surgical Procedures? 10 Year Retrospective"" CME Aesthetic Teaching Cruise, ASAPS. Barcelona, Spain
- 2016 Visiting Professor, Northwestern University Feinberg School of Medicine, Senior Medical Residents, Department of Plastic and Reconstructive Surgery, "Primary Breast Augmentation: Evaluation, Decision-Making and Incorporating Shaped Implants Into Your Algorithm", Chicago, IL.
- 2016 "Revision Breast Augmentation and Managing the Inframammary Fold", International Society for Aesthetic Plastic Surgery, Florence, Italy.
- 2016 "Breast Augmentation and Augmentation Mastopexy, Problem Solving, Preoperative Intraoperative and Postoperative Strategies." International Society for Aesthetic Plastic Surgeons, ISAPS. Florence, Italy.
- 2016 "Three Dimensional Approach to Difficult Primary and Revision Breast Augmentation Patients". Italian Society of Aesthetic Plastic Surgeons, AICPE. Florence, Italy.
- 2016 "Non Invasive Cellulite and Fat Reduction." Italian Society of Aesthetic Plastic Surgeons, AICPE. Florence, Italy.
- 2018 "Facial Rejuvenation: Master The Techniques: Patient Satisfaction", AAFPRS Meeting, April Chicago IL
- 2018 Panelist, "Prevention and Management of Complications in Aesthetic Breast Surgery" , Midwestern Association of Plastic Surgeons, Chicago IL
- 2018 "3-Dimensional Precision in Primary Breast Augmentation: Managing the Patient with Breast and Chest Wall Asymmetries", Midwestern Association of Plastic Surgeons, April 14, 2018, Chicago IL
- 2019 "Best Practices: Informed Consent for Breast Augmentation" Written Testimony FDA March 25-26, 2019 General and Plastic Surgery Device Committed Open Public meeting Re: Docket No. FDA-2019-N-042
- 2019 "Key Elements to Improve Patient Education and Informed Consent: Risks and Benefits of Breast Implant Surger", Oral Testimony, March 26, FDA March 25-26, 2019 General and Plastic Surgery Device Committed Open Public meeting Re: Docket No. FDA-2019-N-042
- 2019 "Using the BODY-Q to Evaluate Appearance and Quality of Life Following Treatment of Skin Laxity with Microfocused Ultrasound and Calcium Hydroxylapatite".ASAPS Annual Meeting, New Orleans. May 18, 2019

- 2019 “Topical Tripeptide and Hexapeptide (TriHex™) Uses in Improving Recovery and Results Following Cosmetic Non Surgical and Surgical Body Contouring Procedures”. ASAPS Annual Meeting, New Orleans. May 18, 2019.
- 2019 “FDA Update on Breast Implants”. ASAPS Annual Meeting, New Orleans. May 18, 2019.
- 2019 “Accelerated Healing and Improvement Recovery Outcomes Post Cosmetic Surgery and Non-Surgical Body Contouring Procedures Consecutive Series of Patients Using Topical Treatment with Tripeptide and Hexapeptide (TriHex™). ASAPS Annual Meeting, New Orleans. May 20, 2019.
- 2019 “Pearls to Prevent Fold Asymmetries and Management of Inferior Fold Asymmetries in Revision Augmentation”. The Aesthetic Biennial Cruise June 28, 2019.
- 2019 “Non-Invasive vs. Traditional Surgical Options for Body Fat Reduction, Cellulite Reduction, Skin Tightening and Body Sculpting: A 10 yr Retrospective”. The Aesthetic Biennial Cruise June 28, 2019.
- 2019 “Accelerating Healing and Recovery Outcomes Post Cosmetic Surgery Utilizing Two Novel Topical Treatments, TransFORM Body Treatment with TriHex Technology® and Regenerating Skin Nectar with TriHex Technology®” Webex Tuesday July 16 and July 17
- 2019 Update on Cosmetic Medicine and Minimally and Invasive Aesthetic Surgery Tuesday September 10 Alternative Medicine Grand Rounds, NorthShore University HealthSystems
- 2019 Panel ASDS; Role of Self Care in the Aging Female October 24
- 2019 Topical TriHex Treatment and Aesthetic Surgery: What is its Role in Accelerating Patient Reported Recovery. ASDS October 25 Chicago, IL
- 2021 Panel Moderator: “Should Textured Implants Be Recommended For Aesthetic Breast Surgery” American Association Plastic Surgeons May 16, 2021 Miami, Florida

INVITED, ELECTED, OR APPOINTED EXTRAMURAL SERVICE

- 1988 “Cleft Lip Identification & Reporting”. Education Committee for Illinois Association of Craniofacial Teams, Carbondale, IL
- 1990-1996 Admissions Committee, Northwestern University Medical School
- 1990 Search Committee, Department of Surgery, Evanston Hospital
- 1991-1995 Co-Director: Center for Plastic and Aesthetic Surgery at Glenbrook Hospital, Glenview, IL (Developed the concept, designed space and implemented program)
- 1992 Member, Breast Implant Resources: Ad Hoc Committee, Liability Issues. American Society of Aesthetic Plastic Surgery
- 1993-2002 Member, Marketing Committee, American Society of Plastic Surgeons
- 1993-1996 Acting Head, Division of Plastic Surgery, Department of Surgery, Evanston Hospital Corporation
- 1995-2016 Spokesperson Network, American Society of Plastic Surgeons
- 1996-2002 Exhibits and Sponsorship Committee, American Society of Plastic Surgeons
- 1996-2002 Evaluation Subcommittee, Exhibits Committee, American Society of Plastic Surgeons
- 1996-2002 Distinguished Women and Science Committee, Northwestern University

Medical School

1996-2007 Head, Division of Plastic Surgery, Evanston Northwestern Healthcare, Glenbrook Hospital, Glenview. (As of 2008, North Shore University HealthSystem)

1998-2002 Scientific Exhibits Committee, American Society of Aesthetic Plastic Surgery.

1998-2004 Medical Advisory Board, Bosom Buddies

1998-2002 Practice Relations Committee, American Society of Aesthetic Plastic Surgery

1998-2016 Spokesperson Network, American Society of Aesthetic Plastic Surgery

1999 IPRAS Scientific Program Committee, XII Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery.

1999-2001 Women Plastic Surgeons' Committee, American Society of Plastic Surgeons

1999-2001 Public Education Committee, American Society of Plastic Surgeons

1999-2002 Plastic Surgeons Educational Campaign National Advisory Group Committee, American Society of Plastic Surgeons.

2000 Editorial Board, *Plastic Surgery Today*, American Society of Plastic Surgeons

2000-2002 Representative of the ASPS-ASAPS Joint Brochures Committee

2000-2001 National Print Advertisement Campaign Subcommittee, PSEC, American Society of Plastic Surgeons.

2000-2001 Scientific Annual Meeting: Program Committee, American Society of Plastic Surgeons.

2000-2002 Procedural Statistics Oversight Committee, American Society of Plastic Surgeons

2000-2002 Board of Directors, Chicago Plastic Surgery Society

2002-2002 CME Subcommittee, ASPS-ASAPS.

2000-2002 Vice Chair, Women's Plastic Surgeons Committee, American Society of Plastic Surgeons

2000-2002 Chair, Practice Relations Committee, American Society for Aesthetic Plastic Surgery

2000-2005 Editor in Chief, *Aesthetic Society News*, American Society for Aesthetic Plastic Surgery

2001 Chair, Scientific Exhibits Subcommittee, American Society for Aesthetic Plastic Surgery

2001-2002 Publications Committee, American Society for Aesthetic Plastic Surgery

2001-2002 Strategic Planning Committee, American Society for Aesthetic Plastic Surgery

2001-2002 Vice Commissioner of Communications, American Society for Aesthetic Plastic Surgeons

2001-2002 Chair, Cosmetic Subcommittee of the Scientific Program Committee, American Society of Plastic Surgeons

2002-2003 Vice Commissioner, Communications Commission. American Society for Aesthetic Plastic Surgery

2001-2011 Board Directors, American Society for Aesthetic Plastic Surgeons.

2002-2003 Editorial Board, Public Education *USA Today*, American Society of Plastic Surgeons

2003-2005 Chair, Communications for American Society for Aesthetic Plastic Surgery (oversight 11 committees)

2003-2005 Committee member, Finance and Investment Committee, American Society for Aesthetic Plastic Surgery

2003- 2016 Liaison to the FDA for American Society for Aesthetic Plastic Surgery

2004-2006 Vice Chair, Intranet Steering Committee. American Society for Aesthetic Plastic Surgery

2005-2007 Member, American Society of Plastic Surgery/American Society for Aesthetic Plastic Surgery Breast Implant Task Force.

2005 Member, Time and Place Committee, American Society for Aesthetic Plastic Surgery

2005 Member, Publications Committee Aesthetic Surgery Journal. American Society for Aesthetic Plastic Surgery

2005 Member, Women's Health Advocacy Committee. American Society for Aesthetic Plastic Surgery

2005-2008 Clinical Editor, Aesthetic Surgery Journal

2005-2016 Guest Reviewer for Plastic & Reconstructive Surgery Journal

2005-2008 Editor, *Aesthetic Society News*.

2005-2008 ASERF Representative to ASPS-PSEF Board of Directors

2006-2007 Vice-Chair, Time and Place Committee American Society for Aesthetic Plastic Surgery

2006-2008 Member, Bylaws Committee. American Society for Aesthetic Plastic Surgery. Vice Chair, Breast Immediate Response Committee. American Society for Aesthetic Plastic Surgery

2006-2008 Chair, Fund Raising Committee, Aesthetic Surgery Education and Research Foundation

2006-2008 Vice President, Aesthetic Surgery Education and Research Foundation

2006-2009 ASAPS Liaison to AMA Women's Physician Congress

2006-2010 Board of Directors, ASERF

2008-2009 President Elect, Aesthetic Surgery Education and Research Foundation

2009-2010 President, Aesthetic Surgery Education and Research Foundation

2009-2010 ASAPS Representative to Core Specialty Soft Tissue Filler Steering Committee

2009-2013 Chair, Non-Surgical Committee oversight of 3 committees, ASAPS

2010-2012 Editorial Board, Merge Magazine

2010-2011 Media Relations Committee, American Society for Aesthetic Plastic Surgery

2010-2011 Immediate Past President, Aesthetic Surgery Education and Research Foundation.

2011-2020 Member, Fund Development Committee, ASERF

2016 Editorial Board, Modern Aesthetics

2017-2020 Trustee, American Society for Aesthetic Plastic Surgery

2017-2018 Member, Nominating Committee, American Society for Aesthetic Plastic Surgery

2018-2019 Member, Publications Committee, American Society Aesthetic PS

2018 Member, American Society Aesthetic PS Program Committee for 2018-2019

2018-2021 BIA-ALCL American Society Aesthetic PS Task Force

2018-2021 Co-Chair, American Society Aesthetic PS FDA Task Force. Provided testimony Informed Consent FDA Hearings on Breast Implant Safety March 27, 2019

2018-2021 Member, American Society Aesthetic PS Breast Implant Illness Task Force

2019-2020 Co-Chair, American Society Aesthetic PS Breast Informed Consent Task Force

2019-2021 Member, Nominating Committee, American Society for Aesthetic Plastic Surgery

2020-2021 Member ASERF Steering Committee for ASERF Career Achievement Award 2020

PROFESSIONAL SOCIETIES

Elected or invited membership:

American College of Surgeons, Fellow
 American Association of Plastic Surgeons

American Society of Aesthetic Plastic Surgery
American Society of Plastic Surgery
Chicago Plastic Surgery Society
Chicago Medical Society
Illinois Medical Society
American Medical Association
Plastic Surgery Research Council
International Society of Aesthetic Plastic Surgery
Midwestern Association of Plastic Surgeons
The Rhinoplasty Society
Illinois State Plastic Surgery Society
American Society for Aesthetic Plastic Surgery (ASAPS)
American Society of Plastic Surgeons/ Plastic Surgery Education Foundation
Aesthetic Surgery Education and Research Foundation (ASERF)

EDUCATION

Medical education (medical students):

Didactic

1990 "Breast Reconstruction Options". Northwestern University Medical Students.
1994 "Individualized Options for Breast Reconstruction Following Mastectomy".
Northwestern University Medical Students
1995 "Breast Reconstruction Options", Northwestern University Medical Students.
1996 "Breast Reconstruction Options". Northwestern University Medical Students.
1996 "Breast Reconstruction Options", Northwestern University Medical Students.
2000 "Breast Augmentation", Northwestern University Medical Students.
2000 "Breast Reduction is a Functional Operation", Northwestern University Medical
Students.

Clinical

1990 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern
University Medical School) Evanston Hospital Animal Care Facility-August
1991 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern
University Medical School) Evanston Hospital Animal Care Facility-February
1991 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern
University Medical School) Evanston Hospital Animal Care Facility-March
1991 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern
University Medical School) Evanston Hospital Animal Care Facility-July
1991 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern
University Medical School) Evanston Hospital Animal Care Facility-October
1992 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern
University Medical School) Evanston Hospital Animal Care Facility-January
1992 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern
University Medical School) Evanston Hospital Animal Care Facility-April
1992 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern
University Medical School) Evanston Hospital Animal Care Facility-October

- 1993 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-January
- 1993 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-April
- 1993 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-July
- 1994 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-January
- 1994 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-July
- 1994 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-August
- 1994 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-September
- 1994 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-November
- 1995 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-July
- 1996 Basic Suture Techniques, Junior Medical Students NUMS (Northwestern University Medical School) Evanston Hospital Animal Care Facility-July

Graduate medical education (residency and clinical fellowships):

(a) Didactic

- 1991 TRAM Flap Technique". Northwestern University Plastic Surgery Residents Conference
- 1998 "Breast Reconstruction, Reduction, Augmentation". Northwestern University Plastic Surgery Resident Board Exam Review
- 1999 "Body Contouring". Northwestern University Plastic Surgery Resident Board Review
- 1999 "Breast Augmentation", Northwestern University Plastic Surgery Resident Board Review
- 2000 "Breast Augmentation", Northwestern University Plastic Surgery Resident Board Review
- 2000 "Breast Reduction and Mastopexy", Northwestern Plastic Surgery Resident Board Review
- 2012 Resident Core Curriculum, University of Chicago Plastic Surgery Residents, Core Conference Breast Augmentation and Mastopexy
- 2014 Resident Core Curriculum, University of Chicago Plastic Surgery Residents, Core Conference Breast Reduction and Mastectomy
- 2015 Resident Core Curriculum, University of Chicago Plastic Surgery Residents, Core Conference Breast Augmentation
- 2016 Resident Core Curriculum, University of Chicago Plastic Surgery Residents, Core Conference Breast Augmentation
- 2016 Grand Rounds, Northwestern University Feinberg School of Medicine, Senior Residents, Division of Plastic and Reconstructive Surgery, "Primary Breast Augmentation: Evaluation, Decision-Making and Incorporating Shaped Implants into your Algorithm"

- 2020 Grand Rounds, University of Chicago Medicine, Primary and Secondary Breast Augmentation
- 2020 Resident Core Curriculum, University of Chicago Medicine, Breast Augmentation Part 1
- 2020 Resident Core Curriculum, University of Chicago Medicine, Breast Augmentation Part 2

b) Clinical

- 1990 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1990 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1991 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1992 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1993 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1994 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1995 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1996 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1997 Daily rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University) per day 5 days a week.
- 1998 3 x a week rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University)
- 1999 3 x a week rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University)
- 2000 3 x a week rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University)
- 2001 2 x a week rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University)
- 2002 2 x a week rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University)
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- 2008 2 x a week rounding, clinic work and operative supervision and training with 1 Plastic Surgery Resident (Northwestern University)

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|------|---|
| | Plastic Surgery Resident (Northwestern University) |
| 2010 | Injectables: Facial Fillers and Sculptra Presentation/Teaching Clinic, University of Chicago Plastic Surgery Residents. |
| 2011 | Injectables: Facial Fillers and Sculptra Presentation/Teaching Clinic, University of Chicago Plastic Surgery Residents. |
| 2011 | Work with 1 of 2 residents 1 x a week in clinic for 6 months out of the year during Cosmetic Rotation |
| 2012 | Injectables: Cosmetic Medicine Presentation/ Teaching Clinic, University of Chicago Plastic Surgery Residents. |
| 2012 | Work with 1 of 2 residents 1 x a week in clinic for 6 months out of the year during Cosmetic Rotation |
| 2013 | Work with 1 of 2 residents 1 x a week in clinic for 6 months out of the year during Cosmetic Rotation |
| 2014 | Work with 1 of 2 residents 1 x a week in clinic for 6 months out of the year during Cosmetic Rotation |
| 2015 | Injectables: Cosmetic Medicine Injection Workshop/Teaching Clinic, University of Chicago Plastic Surgery Residents. Manual Created. Evaluation with Pre and Post Survey |
| 2015 | Work with 1 of 2 residents 1 x a week in clinic for 6 months out of the year during Cosmetic Rotation |
| 2015 | "AestheticSAFE - Training for Safe and Effective Outcomes with Facial Injectables", Loyola University. |
| 2016 | Work with 1 of 2 residents 1 x a week in clinic for 6 months out of the year during Cosmetic Rotation |
| 2016 | "Overview of Fillers", Cosmetic BootCamp University, Loyola University Chicago IL |
| 2017 | Injectables: Cosmetic Medicine Injection August 12, 2017 Workshop/Teaching Clinic, University Of Chicago Plastic Surgery Residents |
| 2018 | Injectable Workshop, U of Chicago Medicine Resident Didactic and Resident Individual Training |
| 2019 | Non surgical Injectable Workshop and Resident Clinical Training |

Continuing medical education:

| | |
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| 1986 | Spring Grand Rounds, "Immediate Breast Reconstruction", Evanston Hospital |
| 1986 | "A Reliable Approach to the Closure of Large Midline Defects of the Back". Chicago Society of Plastic Surgery |
| 1988 | Winter Grand Rounds, "Surgical Management of Malignant Melanoma". Evanston Hospital |
| 1989 | Grand Rounds, "Microsurgery in Plastic Surgery", Evanston Hospital " |
| 1990 | "Facial Injuries". Lecture, Basic Suture Techniques, Residents, Emergency Department, Evanston Hospital. |
| 1990 | "Facial Injuries". Lecture, Advanced Suture Techniques, Residents Emergency Department, Division of Emergency Medicine, Evanston Hospital. |
| 1990 | "Hand Injuries". Lecture, Basic Suture Techniques, Residents Emergency Department, Division of Emergency Medicine, Evanston Hospital. |
| 1991 | "Hand Injuries". Lecture, Advanced Suture Techniques, Senior Residents Division of Emergency Medicine, Evanston Hospital. |
| 1992 | "Wound Management". Lecture, Basic Suture Techniques, Junior Emergency Residents, Division of Emergency Medicine, Evanston Hospital |

- 1990 "Preoperative and Postoperative Management in TRAM Flap Surgery". Evanston Hospital, Nursing Division, Department of Nursing.
- 1990 Criteria for Patient Selection in Breast Reconstruction". Evanston Hospital, Kellogg Cancer Care Center, Department of Nursing.
- 1990 "Preoperative and Postoperative Management of the Aesthetic Surgery Patient". Glenbrook Hospital, Department of Nursing.
- 1990 Grand Rounds, "Refinements in Breast Reconstruction Using the TRAM Flap" Northwestern University Medical School.
- 1991 "Alternatives in Aesthetic Plastic Surgery". Outreach Nurses-Glenbrook Hospital.
- 1991 "Breast Reconstruction with TRAM Flap". Evanston Hospital, Operating Room Nurses.
- 1993 Grand Rounds "Correction of Tubular Breast Deformity". Northwestern University Plastic Surgery.
- 1994 Grand Rounds, "Breast Reconstruction Refinements", Department of Surgery, Division of Plastic Surgery, Northwestern University Medical School.
- 1995 Grand Rounds, "Breast Reconstruction Options", Northwestern University Medical Students "Correction of Tubular Breast Deformity". Northwestern University Plastic Surgery.
- 1996 Grand Rounds, "Correction of Tubular Breast Deformity". Northwestern University Plastic Surgery.
- 1997 Grand Rounds, "Aesthetic Breast Reconstruction". Northwestern University Plastic Surgery.
- 1998 "Breast Reconstruction, Reduction, Augmentation". Northwestern University Plastic Surgery Resident Selected Readings Seminar.
- 1999 "Body Contouring". Northwestern University Plastic Surgery Resident Selected Readings Seminar.
- 1999 "Breast Augmentation", Northwestern University Plastic Surgery Resident Selected Readings Seminar.
- 2001 Grand Rounds Evanston Hospital Department of Medicine. "Goals and Guidelines for Plastic Surgery and Breast Reconstruction Patients".
- 2002 "Nuances in Vertical Breast Reconstruction Techniques". CORE Quest NUMS Plastic Surgery Residents.
- 2005 "Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies", American Society of Aesthetic Plastic Surgery, New Orleans, LA.
- 2005 Plastic Surgery Grand Rounds, NUMS. "Breast Augmentation and Breast Mastopexy". Chicago, IL.
- 2006 "Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies", American Society of Aesthetic Plastic Surgery, Orlando, FL.
- 2007 "Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies", American Society of Aesthetic Plastic Surgery. Baltimore, MD.
- 2008 "Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies", American Society of Aesthetic Plastic Surgery, San Diego CA.
- 2009 "Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies", American Society of Aesthetic Plastic Surgery, Las Vegas, NV.
- 2009 "100 Consecutive Patients- Results and Problems with Sculptra Aesthetic"

- CME. ASPS/ASAPS Co Sponsored Aesthetic Surgery on the Eastern Mediterranean – Biennial Cruise, Athens, Greece.
- 2009 “Update on Poly-L-Lactic Acid (Sculptra); Report on 100 Consecutive Cases” ASPS Women Plastic Surgeons Summer Workshop, Jupiter, FL.
- 2009 Injectable Training, ASPS Women Plastic Surgeons Summer Workshop, Jupiter FL.
- 2010 “Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies”, American Society of Aesthetic Plastic Surgery, Washington, D.C.
- 2011 Live Surgery, Revision Breast Augmentation with a Capsular Sling and Placement New Silicone Implant. 27th Annual Atlanta Breast Surgery Symposium, Atlanta, GA.
- 2011 Live Injection and Interactive Injection Workshop. American Brazilian Aesthetic Meeting, Park City, UT.
- 2011 Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies” American Society of Aesthetic Plastic Surgery Annual Meeting, Denver, CO.
- 2012 “Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies” American Society of Aesthetic Plastic Surgery Annual Meeting, Vancouver, Canada.
- 2012 Grand Rounds, “Injectables: Facial Fillers and Sculptra”. University of Chicago.
- 2013 “Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies” American Society of Aesthetic Plastic Surgery Annual Meeting, New York, NY.
- 2014 “Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies” American Society of Aesthetic Plastic Surgery Annual Meeting, San Francisco, CA.
- 2014 Grand Rounds, “Three Dimensional Approach to Primary Breast Augmentation” University of Chicago, Plastic Surgery, Chicago, IL.
- 2015 “Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies” American Society of Aesthetic Plastic Surgery Annual Meeting, Montreal, Canada.
- 2015 Grand Rounds, “Three Dimensional Approach to Primary Round and Shaped Implants and Revision Breast Augmentation”. University of Chicago, Plastic Surgery, Chicago, IL.
- 2015 “Learn the Artistry of Lyft to Lips”, Live Demonstration. American Academy of Dermatologic Surgery, Chicago, IL
- 2016 Grand Rounds, “Managing Ptosis with Mastopexy Alone and Augmentation Mastopexy”, Northwestern University Feinberg School of Medicine, Division of Plastic and Reconstructive Surgery, Chicago, IL.
- 2016 “Breast Augmentation and Augmentation Mastopexy-Problem Solving and Operative Strategies” American Society of Aesthetic Plastic Surgery Annual Meeting, Las Vegas, NV.
- 2018 Panelist, “Prevention and Management of Complications in Aesthetic Breast Surgery” , Midwestern Association of Plastic Surgeons, Chicago IL
- 2018 Invited Speaker, “3-Dimensional Precision in Primary Breast Augmentation: Managing the Patient with Breast and Chest Wall Asymmetries”, Midwestern Association of Plastic Surgeons, April 14, 2018, Chicago IL
- 2019 Moderator, Breast and Body Scientific Paper Forum, The American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, New Orleans May 20, 2019

- 2019 Accelerated Healing and Improved Outcomes Post Cosmetic Surgery and Non-Surgical Body Contouring Procedures in a Prospective Consecutive Series of Patients Using Topical Treatment with Tripeptide and Hexapeptide. The American Society for Aesthetic Plastic Surgery Annual Scientific Meeting, Rapid Fire Program, New Orleans, May 20, 2019
- 2019 Pearls to Prevent Fold Asymmetries and Management of Inferior Fold Asymmetries in Revision Augmentation. The Aesthetic Biennial Cruise June 28, 2019.
- 2019 Non-Invasive vs. Traditional Surgical Options for Body Fat Reduction, Cellulite Reduction, Skin Tightening and Body Sculpting: A 10 yr Retrospective. The Aesthetic Biennial Cruise June 28, 2019.
- 2020 3-Dimensional Precision in Primary Breast Augmentation Managing the Patient with Breast and Chest Wall Asymmetries University of Chicago Grand Rounds Section Plastic Surgery May 13 Chicago IL
- 2020 Core Curriculum Session, Part 1: Breast Augmentation, May 13 University of Chicago Residents
- 2020 Journal Club, Aesthetic Medicine and Aesthetic Breast Surgery, June 11
- 2020 Core Curriculum Session, Part 2: Breast Augmentation, June 17 University of Chicago Plastic Surgery Residents
- 2021 "Aesthetic Breast Surgery, My Journey" , American Association Plastic Surgeons; Aesthetic Symposium May 16, 2021 Miami, Florida
- 2021 "Can Non-surgical Techniques Approximate the Surgical in Facial Rejuvenation" American Association Plastic Surgeons; Aesthetic Symposium May 16, 2021 Miami, Florida

Research trainees:

(a) Medical (M.D.)

- 1995-1999 **Heidi Memmel**, graduated from Northwestern University Medical School, then completed her General Surgery at University of Illinois and her Breast Fellowship at Northwestern. She practices General surgery with a specialty in Breast Cancer.
As a medical student research trainer, and she helped design, write the grant and helped complete the outcome study on Breast Reduction Surgery. This culminated in the published manuscript.
Chao, JD., **Casas, LA.**, **Memmel, HC.**, Redding J., Egan L., Odom, L., "Reduction Mammoplasty Is a Functional Operation, Improving Quality of Life in Symptomatic Women: A Prospective, Single-Center Breast Reduction Outcome Study", Plastic & Reconstructive Journal, Vol. 110, No. 7, 1644-1652, December 2002
- 1998-1999 **Miguel Gallegos, MD**, completed his Plastic Surgery Residency at NUMS and practices Plastic Surgery in the Southwest. As a PG-4, Dr. Gallegos and I developed an outcome study which lead to a peer reviewed presentation at the annual ASAPS scientific meeting in Boston, Mass. This study was

subsequently published.

Gallegos, ML and **Casas, LA** “A Systematic One Stage Approach in the Treatment of Tuberous Breast Deformity.” *Aesthetic Surgery Journal*, 18: 431- 438, Nov/Dec 1998.

1998-2000 **Jeffrey Marcus, MD, FACS** and **Julius Few, MD, FACS**, completed their Plastic Surgery Residency at NUMS and have both gone on to be leaders in the field of Plastic Surgery education and research. Together we designed an outcome study on the long term predictability of nipple projection in reconstructed nipples following breast reconstruction. We completed this study and it was presented at the IPRAS annual scientific meeting in San Francisco and was published.

Few J, Marcus J, Casas, LA, Aitken M and Redding J “Long Term Predictable Nipple Projection Following Reconstruction.” *Plastic and Reconstructive Surgery Journal*, 104: 1321-1324, October 1999

1998-2000 **Michael Byun, MD**

As a NUMS PS resident Dr. Byun helped me design and complete the outcome study on free nipple graft breast reduction. This resulted in a peer review presentation at the annual scientific meeting of The American Society of Plastic Surgeons in Boston, Mass. It was published in PRS.

Casas, LA, DePoli, PA, and Byun, M., “Maximizing Breast Projection Following Free Nipple Graft Reduction Mammoplasty”, *Plastic and Reconstructive Surgery Journal*, April 2000.

1999-2001 **Kent Hasen, MD** practices Plastic Surgery in Florida.

As a NUMS PS resident Dr. Hasen, helped me design an IRB approved clinical study evaluating wound healing of the lateral skin flap in T incision Breast Reduction surgery following tumescent Ultrasonic liposuction vs. Liposuction of the axillary tail. This resulted in a presentation at the 2000 ASAPS annual scientific meeting in Orlando, FL. It received the award for the “best” scientific senior resident paper award at that meeting.

Hasen, K., Greve, S. Casas, LA., “Prospective Study Analyzing the Differences in Wound Healing When UAL versus SAL Was Used As an Adjunct in Standard Incision Breast Reduction Surgery. *Aesthetic Surgery Journal*, January/February 2001.

2001-2003 **Kent Hasen, MD** coordinated a dual site IRB approved outcome study using different levels of conscious sedation, between Dr. Mustoe at Northwestern and myself at ENH. This study was subsequently presented at Annual Scientific Meeting of American Society of Plastic Surgeons”, San Antonio, TX. It was then published.

Hasen, K., Samartzis, D., Casas, LA., Mustoe, T., “An Outcome Study Comparing Intravenous Sedation with Midazolam/Fentanyl (Conscious Sedation) Versus Propofol Infusion (Deep Sedation) for Aesthetic Surgery”, *Plastic and Reconstructive Surgery Journal*, Vol. 112, Issue 6, 1683-1689 November 2003.

2002-2003 **Michael Lee, MD** is a practicing Plastic Surgeon in Chicago, IL. As a Plastic Surgery resident at NUMS, Dr. Lee and I designed and completed a clinical outcome on Correction of Inverted Nipple Deformity. This was presented at the Scientific Meeting of American Society of Plastic Surgeons, San Antonio, TX, and published.

Lee, M., Casas, LA., DePoli, P., “Aesthetic and Predictable Correction of the Inverted Nipple”, *Aesthetic Surgery Journal*, Vol. 23, No. 5, 353-356,

September/October 2003.

2003-2005 **Russell Reid, MD, PhD** is a practicing academic Plastic Surgeon at the University of Chicago. As a NUMS Plastic Surgery resident, Dr. Reid and I designed a pilot study looking at the effects of Zafirlukast on early capsular contracture in patients who underwent primary subpectoral breast augmentation with saline implants.

This outcome study was designed, completed, presented at the annual Scientific Meeting of the American Society of Plastic Surgeons, San Diego, CA, and published.

Reid, RR. Casas, LA., Greve, S., "The Effects of Zafirlukast (Accolate) on Early Capsular Contracture in the Primary Augmentation Patient: A Pilot Study", *Aesthetic Surgery Journal*, Vol.27, No.10, 26-29, January/February 2005.

2006-2008 Peter **Kim, MD** is practicing Plastic Surgery in private practice in Boston, MA.

Together we designed and completed an outcome study looking at the predictability of an original auto augmentation Mastopexy technique. This was presented at the annual meeting of the American Society of Plastic Surgeons, Chicago, IL. It was then published.

Kim, P., Kim, K., **Casas, LA.,** "Superior Pedicle Auto augmentation Mastopexy: A Review of 34 Consecutive Patients", *Aesthetic Surgery Journal*, 2010, Volume 30 No. 2, 201-210

2009-2011 **Clark Schierle, MD, PhD** is practicing Plastic Surgery in Chicago, IL.

Together we designed an outcome study. 106 consecutive patients were treated with Sculptra Aesthetic for facial volume restoration. After data analysis patient treatment protocols were recommended. The data, conclusions and treatment recommendations were presented at the American Society of Plastic Surgeons Annual Scientific Meeting in Denver, CO. The study was then published.

Schierle, CF, Casas, LA, "Nonsurgical Rejuvenation of the Aging Face With Injectable Poly-L-Lactic Acid for Restoration of Soft Tissue Volume, *Aesthetic Surgery, Journal*, January 2011, Volume 31, 95-109

2012 -2015 **Nicole Phillips** was a medical student at the University of Chicago Pritzker School of Medicine when she worked with me clinically on a 3 month elective. During that time, we designed a Dose equivalency pilot study on Neurotoxins. Nikki is now a resident in the Harvard Integrated Plastic Surgery Residency. As a research trainee, she contributed to the data collection, data analysis and manuscript preparation and subsequent publication.

Bank, J, **Phillips, NA, Casas, LA.,** Patient- centric dose equivalency pilot study of incobotulinumtoxin a (Xeomin) vs. abobotulinumtoxin a (Dysport) in the treatment of glabellar frown lines. *Plast Aesthet Res* 2015; 2:12-6

2018-2019 **Jesse Smith** Together we designed, received IRB approval and a Merz Grant Merz Physician Initiated Study: Title: Using the BODY-Q to Evaluate Appearance and Quality of Life Following Treatment of Skin Laxity with Microfocused Ultrasound and Calcium Hydroxylapatite. Initial Results were reported at the ASAPS annual meeting in New Orleans, May 18,2019

2018 **Manfred Kubler** is a Medical Student who worked with me as a clinical research Assistant. He was interested in startups innovating in the Plastic Surgery landscape. After introducing him to the new company, Alastin Skin Care, we designed two clinical Studies to evaluate the clinical application of two different topical treatments containing Tripeptide and Hexapeptides.

1. Prospective Consecutive Cohort using a topical Tripeptide and Hexapeptide treatment compared to a Retrospective Cohort not using the Treatment. This comparative study evaluated patient reported outcome measures following Surgical and Surgical Body Contouring Procedures.
2. Prospective Randomized Split Body Observer Blinded Observational & Patient Related Outcomes Pilot Study Using TransFORM Body Treatment with TriHex Technology® on One Side Skin Regenerating Nectar and TransFORM Body with TriHex Technology® on the Other Pre & Post Neck and Body Contouring Procedures

(b) High school students

1997-1999 John **Redding**, Lake Forest High school, U. of Illinois Undergraduate, Emory Medical School and MBA. As research trainee he contributed to data collection and subsequent preparation of two publications.

1. Few J, Marcus J, **Casas, LA**, Aitken M and **Redding J** “Long Term Predictable Nipple Projection Following Reconstruction”. Plastic and Reconstructive Surgery Journal, 104: 1321-1324, October 1999.
2. **Casas, LA.**, Chao, JD., Memmel, HC., **Redding J.**, Egan L., Odom, L., “Reduction Mammoplasty Is a Functional Operation, Improving Quality of Life in Symptomatic Women: A Prospective, Single-Center Breast Reduction Outcome Study”, Plastic & Reconstructive Surgery Journal, Vol. 110, No. 7, 1644-1652, December 2002

2002-2008 Jason **Rho**, Glenbrook North High School, Northwestern U. Medical School and Internal Medicine Residency and Fellowship in Cardiology. As a research trainee he collected data, prepared it for statistical analysis and co-authored.

1. McCafferty, LR., **Casas, LA**, Stinnett, S, Lin, S, **Rho, J.**, “Multi-Site Analysis of 177 Consecutive Primary Breast Augmentations: Predictors for Reoperation”, Aesthetic Surgery Journal, May, 2009: 29:213-220

CLINICAL

SERVICE

University of Chicago

Committee membership:

Leadership:

Extramural

Leadership roles:

1990 Hospital Affairs Committee, Glenbrook Hospital Board.

2000-2004 Medical Advisor, Board of Directors, 5 Seasons Organization

Other:

EDUCATION STATEMENT [1-page limit]:

(a) Past and current:

In 1984, when I completed, presented and then published (1989) my first data driven clinical outcome Plastic Surgery study, I knew I would devote my career to the mentorship and education of medical students, residents, allied health professionals (RN, Physical Therapists), and eventually colleagues in Plastic Surgery. To satisfy that goal, I had to attain the highest-level of training and clinical experience. I chose to complete three additional clinical and research fellowships following my Plastic Surgery training in 1988.

In 1990, I began my academic career as a full time faculty member at the Northwestern University Medical School (NUMS), Division of Plastic Surgery, based at the Evanston (EH) and Glenbrook (GBH) Hospitals. I developed an IRB approved standardized microsurgery laboratory course using a live rat model, so that first year NUMS Plastic Surgery residents could begin their microsurgery education while on their six month rotation at the EH. Simultaneously, I

developed didactic lectures and suture technique laboratory courses for the NUMS Emergency Department Residents in a desire to bridge their clinical gap in basic and advanced emergency room suture technique.

Beginning in the 1990s, I have lectured Licensed Physical Therapists on data driven clinical outcomes when utilizing Postoperative Manual Lymphatic drainage following Aesthetic and Reconstructive Plastic Surgery. Reciprocally, the PT department performed the qualitative outcome measures in my Breast Reduction Outcome Study, published in 2002. (CV-Scholarship #13). In 2001, after ENH purchased HPH, I created the educational content for Preoperative, Intraoperative and Postoperative nursing education so as to initiate and perpetuate the "Plastic Surgery" team that treated over 1000 Plastic Surgery patients per year.

Since 1998, I have been an invited faculty to many ACCME approved National (ASPS, ASAPS) and International Symposia (ISAPS, IPRAS, AICPE) on various topics in Breast, Cosmetic Medicine and Aesthetic Surgery. The clinical information that I present is always based on data derived using patient centered outcome tools and often using third party validated objective measures. As part of a task force, we developed a CME teaching symposium prior to the release of silicone gel breast implants in 2005. Beginning in 2006, I developed and have since annually taught a two hour CME Breast Augmentation Teaching Course at the ASAPS Annual Scientific Meeting, as a response to the growing data on the high reoperation rates following Primary and Secondary Breast Augmentation. To further narrow this educational gap, I designed a multisite study, which provided predictors for reoperation. (CV-Scholarship#20). In 2009, when I recognized an educational gap in the Plastic Surgery Resident Non-Surgical Training, I developed a 1-2 time a year Injectable Training Workshop.

With the growing importance of the web as a source for patient education in 2003-2005, I headed a task force to develop the framework and the content for the Aesthetic Society's website www.surgery.org. Since 2007, I have developed the content for www.casas.md. In 2009, and as part of a task force, we developed the content and reorganization of the Aesthetic Society's Research Foundation website, www.aserf.org. As a National spokesperson for ASPS and ASAPS, I focus on educating journalists so that they can report factual information focusing on patient safety and evidence-based data. Additionally, I have represented both ASPS and ASAPS at the FDA hearings regarding the safety of Saline and Silicone gel breast implants; I testified at the 2003 FDA hearings on "Patient Satisfaction, Demographics, and Follow up Data, Recuperation and Quality of Life Following Breast Augmentation."

(b) Future

I plan to continue the activities listed above and in my CV. Specifically, I will continue to assist Dr. Park to implement educational changes so as to fulfill the evolving ACGME requirements for resident education activities in Aesthetic Surgery and Non-Surgical Cosmetic procedures. Specifically, I will continue to develop Injection, Energy Based Technology, and Non Surgical Technology Workshops. I plan to continue educating Medical students, Residents and Plastic Surgeons on my data driven evidence based practice of Plastic Surgery, in the classroom, in the clinic, on the podium, and on the web.

CLINICAL STATEMENT [1-page limit]:

(a) Past and current:

In 1990, I was asked to develop the Plastic and Reconstructive Surgery Division at the Evanston and Glenbrook Hospitals as a full time member of the faculty of Northwestern

University Medical School, Division of Plastic Surgery. In 1990, the 11 members of the Division of Plastic Surgery at the Evanston and Glenbrook Hospital performed only 35 hospital based surgical cases annually. By 1993, the Division was performing over 500 cases. I recruited several Plastic Surgeons and by 2003 the Division was performing over 1500 cases per year, mostly in breast surgery, focusing on breast reconstruction. By 2008 and after the integration of Highland Park Hospital, the in hospital procedures grew to over 2000 cases per year. Since 2008, my focus has shifted from a specialization in breast reconstruction to an emphasis in Aesthetic Surgery and Non Surgical Cosmetic Procedures. Through my work with the Aesthetic and Research Foundation of the Aesthetic Society (ASERF), I applied the principals of data driven clinical practice to my use of energy based technology and emerging non-surgical technologies.

Since 1992, my colleagues have recognized my expertise in reconstructive and aesthetic breast surgery nationally and internationally. I lectured in Guadalajara, Mexico (ISAPS) in 1992 on the more precise reconstruction of the breast and most recently in Florence, Italy (ISAPS, AICPE) on aesthetic breast surgery and on my data regarding clinical results of cosmetic non-surgical technologies. I have been asked to be a core faculty member at the Atlanta Breast Symposium in 1998 and then in 2011 when I was asked to perform live surgery. In 2010, I was invited to participate at a consensus conference on soft tissue fillers to assess the state of the science. Together with my colleagues in the specialties of Dermatology, Facial Plastic Surgery, and Oculoplastic Surgery we collaborated and published of two peer reviewed manuscripts (CV-Scholarship #23,24).

I provide clinical care in Plastic Surgery 12 months a year, 50-60 hours per week, specializing in Cosmetic Medicine and Aesthetic Surgery at my clinic at the Glenbrook Hospital (GBH) Professional building and at the Glenbrook Hospital in Glenview Illinois. I engage in prospective outcome data collection using EMR (Nextech) for publication and to drive my evidence based clinical practice of Aesthetic Surgery and Non Surgical Aesthetic Surgical Procedures.

(1b) Future

My future goals are to continue to prospectively data base my clinical outcomes, so that I can continue to provide safe, reliable options to patients as well as to educate, locally, nationally and internationally, on the necessity and importance of a data driven evidence based practice of Plastic Surgery.

ADDENDA

[Candidates: Once your CV and statements are sent to external assessors, you may make no changes to them. If any changes occur after that time, please place them here consecutively, including their dates. You should then provide updated versions of this page to your department as often as necessary.]

Departments: Please forward the addendum to OAA each time it is revised.

Alternatively, departments may preserve the version of materials sent to external assessors, and submit this version as an addendum. In that case, the candidate can just keep on revising CV and statements as necessary.]

CANDIDATES: PLEASE PROVIDE THIS PAGE AS A FILE OR DOCUMENT SEPARATE FROM THE CV AND STATEMENTS (AS IT SHOULD NOT BE SENT TO ASSESSORS ACCIDENTALLY)

SUGGESTED ASSESSORS OF SCHOLARSHIP (for BSD track, tenure, or research-intensive SOM cases). Please note that your department and higher levels of review are free to deviate from your suggestions.

The following are UP TO 3 leading scholars in my area of scholarship who can provide expert, objective, impartial, and unconflicted assessment of my scholarship, and whom I suggest be contacted for this purpose [those at peer institutions are preferred]:

#1: Name, contact information

#2: Name, contact information

#3: Name, contact information

[Do NOT contact these yourself. You may provide no suggestions if you wish. Present/former colleagues, trainors, trainees, and collaborators should not be included.]

The following are plausible external assessors whom I believe cannot provide an impartial assessment of my work and hence I prefer not be contacted *[Please discuss verbally with your chair or section chief the reasons for your belief.]*

Names (if any)

The following may be contacted to verify my contribution to collaborative works or similar accomplishments not obvious from the peer-reviewed publications

[Do NOT contact these yourself. You may provide no suggestions if you wish.]

Names (if any), contact information, rationale

SUGGESTED ASSESSORS OF CLINICAL PRACTICE AND CLINICAL TEACHING (for clinicians regardless of track)

The following are faculty in Chicago Medicine who are not in my Section but are personally familiar with my clinical practice and/or clinical teaching, and could be contacted for an assessment:

Provide as many names as you wish, but the number is ordinarily less than 5.

[Do NOT contact these yourself. You may provide no suggestions if you wish.]